

Life Honestly by The Pool

5 stars

A book that resonates.

Refreshing advice, insight and opinion from The Pool (including writers such as Lauren Laverne and Sali Hughes), with an introduction from Sam Baker, co-founder of the platform. This book is subtitled "Strong Opinions from Smart Women", and that's exactly what you get.

Written by a group of thought empowering women, the book tackles many powerful yet sensitive subjects such as sexual harassment in the 21<sup>st</sup> century. Not only do these women tell stories of their pain, they give advice and opinions in an honest but truly interesting way.

With each woman writing small sections it is easy to pick up and read it when you get a spare chance, as well as letting you read the stories which really interest you. It is original, inspiring and empowers women to stand up for what they deem right.

I'd encourage all women to read it whatever your age.

Lucy

Breakaway Reviewers received a copy of the book to review.