

A Good Time to be A Girl by Helena Morrissey

5 stars

Written by the founder of the 30% club advocating for 30% women to reach board level by 2020, it couldn't go wrong!

This is an amazing book which addresses the issues of women's careers whilst incorporating family, friends, children and more. By explaining how she overcame these challenges both at home and work, it creates a really personal touch and you can understand just how she had the motivation to become a CEO.

I believe that this book is reflective of how some of her key thoughts have been effective in raising awareness for the gender inequality and diversity, as well as becoming a basis for change in the future.

I would recommend this to women who need some inspiration or guidance into the world of work whilst raising a family.

Lucy

Breakaway Reviewers received a copy of the book to review.